



## FACULTY CAREER MENTORING

A suite of supports designed to guide and support faculty who are considering preparing an application for promotion within the next 12 months.



## SESSIONS SCHEDULE



### BRIEFING SESSION

- Overview of the supports available
- Concise guidance on the promotion process & policy

### Speaker

**Caroline McQuinn**  
HR Promotions & Grading

OCTOBER  
09

12:00 - 12:30



### CAREER PLANNING SESSION

- Planning your career
- Identifying your barriers
- Moving forward

### Speaker

**Dr Hugh Kearns**  
iThinkWell

OCTOBER  
22

9:30 - 11:00



### MENTEE TRAINING SESSION

- Building a strong mentoring relationship
- Exploring the skills required for mentoring
- Making the most of mentoring

### Speaker

**Damian McCourt**  
DCM Learning

NOVEMBER  
6

9:30 - 13:00



### SHAMELESS SELF-PROMOTION

- Putting yourself out there
- Presenting yourself effectively
- Asking for what you want

### Speaker

**Dr Hugh Kearns**  
iThinkWell

NOVEMBER  
26

10:00 - 12:00

**BOOK NOW**



peopledevelopment@ucd.ie